Gwasanaeth/Service T1: Aberystwyth - Caerfyrddin/Carmarthen

	Dydd Llun i ddydd Sadwrn - Monday to Saturday																Dydd Sul a Gwyliau'r Banc - Sunday and Bank Holidays			
Aberystwyth, Gorsaf Fysiau/Bus Station	...	06.40	07.40	08.40	09.40	10.40	11.40	12.40	13.40	14.40	15.40	16.40	17.40	18.40	19.45R	21.40	11.00	13.40	16.40	19.00
Aberystwyth, Morrisons	...	06.45	07.45	08.45	09.45	10.45	11.45	12.45	13.45	14.45	15.45	16.45	17.45	18.45	19.50R	21.45	11.05	13.45	16.45	19.05
Llanfarian, Pentre-bont	...	06.51	07.51	08.51	09.51	10.51	11.51	12.51	13.51	14.51	15.51	16.51	17.51	18.51	19.56R	21.51	11.11	13.51	16.51	19.11
Blaenplwyf, Capel/Chapel	...	06.55	07.55	08.55	09.55	10.55	11.55	12.55	13.55	14.55	15.55	16.55	17.55	18.55	20.00R	21.55	11.15	13.55	16.55	19.15
Llanrhystud, gyferbyn Y Llew Du/opposite Black Lion	...	07.03	08.03	09.03	10.03	11.03	12.03	13.03	14.03	15.03	16.03	17.03	18.03	19.03	20.08R	22.03	11.23	14.03	17.03	19.23
Llanon, Central Hotel	...	07.07	08.07	09.07	10.07	11.07	12.07	13.07	14.07	15.07	16.07	17.07	18.07	19.07	20.12R	22.07	11.27	14.07	17.07	19.27
Aberaeron, Sgwâr Alban/Alban Square (cyrraedd/arrive)	...	07.17	08.17	09.17	10.17	11.17	12.17	13.17	14.17	15.17	16.17	17.17	18.17	19.17	20.21R	22.17	11.37	14.17	17.17	19.37
Aberaeron, Sgwâr Alban/Alban Square (gadael/depart)	...	07.22	08.22	09.22	10.22	11.22	12.22	13.22	14.22	15.22	16.22	17.22	18.22	19.19	20.25**C**	22.22	11.39	14.19	17.19	19.39
Ciliau Aeron, Swyddfa'r Bost/Post Office	...	07.30	08.30	09.30	10.30	11.30	12.30	13.30	14.30	15.30	16.30	17.30	18.30	19.27	20.33	22.30	11.47	14.27	17.27	19.47
Felin-fach, Ysgol Gynradd/Primary School	...	07.36	08.36	09.36	10.36	11.36	12.36	13.36	14.36	15.36	16.36	17.36	18.36	19.33	20.39	22.36	11.53	14.33	17.33	19.53
Llanbedr Pont Steffan/Lampeter, Nat West (cyrraedd/arrive)	...	07.49	08.49	09.49	10.49	11.49	12.49	13.49	14.49	15.49	16.49	17.49	18.49	19.46	20.52	22.49**B**	12.06	14.46	17.46	20.06
Llanbedr Pont Steffan/Lampeter, Nat West (gadael/depart)	06.54	07.54	08.54	09.54	10.54	11.54	12.54	13.54	14.54	15.54	16.54	17.54	18.54	19.48	20.54	...	12.08	14.48	17.48	20.08
Llanwnnen, Bro Grannell	…	08.00	…	10.00	…	12.00	…	14.00	…	16.00	…	18.00	…	19.54	…	...	12.14	…	17.54	…
Pencarreg, gyferbyn/opposite Heol y Maes	07.03	…	09.03	…	11.03	…	13.03	…	15.03	…	17.03	…	19.03	…	21.01	...	…	14.57	…	20.17
Llanybydder, Cross Hands Hotel	07.07	08.07	09.07	10.07	11.07	12.07	13.07	14.07	15.07	16.07	17.07	18.07	19.07	20.01	21.07	...	12.21	15.01	18.01	20.21
Llanllwni, Garej Tegfan/Tegfan Garage	07.14	08.14	09.14	10.14	11.14	12.14	13.14	14.14	15.14	16.14	17.14	18.14	19.14	20.08	21.14	...	12.28	15.08	18.08	20.28
New Inn, lloches/shelter	07.18	08.18	09.18	10.18	11.18	12.18	13.18	14.18	15.18	16.18	17.18	18.18	19.18	20.12	21.18	...	12.32	15.12	18.12	20.32
Pencader, Sgwâr/Square (cyrraedd/arrive)	07.23	08.23	09.23	10.23	11.23	12.23	13.23	14.23	15.23	16.23	17.23	18.23	19.23	…	…	...	12.37	15.17	18.17	20.37
Pencader, Sgwâr/Square (gadael/depart)	07.25	08.25	09.25	10.25	11.25	12.25	13.25	14.25	15.25	16.25	17.25	18.25	19.25	…	…	...	12.39	15.19	18.19	20.39
Alltwalis, lloches/shelter	07.31	08.31	09.31	10.31	11.31	12.31	13.31	14.31	15.31	16.31	17.31	18.31	19.31	20.17	21.23	...	12.45	15.25	18.25	20.45
Rhydargaeau, gyferbyn/opposite Blue Bell	07.37	08.37	09.37	10.37	11.37	12.37	13.37	14.37	15.37	16.37	17.37	18.37	19.37	20.23	21.29	...	12.51	15.31	18.31	20.51
Peniel, Capel Peniel (lloches/shelter)	07.39	08.39	09.39	10.39	11.39	12.39	13.39	14.39	15.39	16.39	17.39	18.39	19.39	20.25	21.31	...	12.53	15.33	18.33	20.53
Glangwili, Ysbyty/Hospital	07.43	08.43	09.43	10.43	11.43	12.43	13.43	14.43	15.43	16.43	17.43	18.43	19.43	20.29	21.35	...	12.57	15.37	18.37	20.57
Caerfyrddin/Carmarthen, Gorsaf Trên/Rail Station	07.50	08.50	09.50	10.50	11.50	12.50	13.50	14.50	15.50	16.50	17.50	18.50	19.50	20.36	21.42	...	13.04	15.44	18.44	21.04
Caerfyrddin/Carmarthen, Gorsaf Fysiau/Bus Station	07.54	08.54	09.54	10.54	11.54	12.54	13.54	14.54	15.54	16.54	17.54	18.54	19.54	20.41	21.46	...	13.08	15.48	18.48	21.08

Gwasanaeth/Service T1: Caerfyrddin/Carmarthen - Aberystwyth

	Dydd Llun i ddydd Sadwrn - Monday to Saturday																Dydd Sul a Gwyliau'r Banc - Sunday and Bank Holidays			
Caerfyrddin/Carmarthen, Gorsaf Fysiau/Bus Station	06.00	06.20	07.10	08.10	09.10	10.10	11.10	12.10	13.10	14.10	15.10	16.10	17.10	18.10	19.10	...	08.10	11.10	14.10	16.40
Caerfyrddin/Carmarthen, Gorsaf Trên/Rail Station	06.04	06.24	07.14	08.14	09.14	10.14	11.14	12.14	13.14	14.14	15.14	16.14	17.14	18.14	19.14	...	08.14	11.14	14.14	16.44
Glangwili, gyferbyn Ysbyty/opposite Hospital	06.11	06.31	07.21	08.21	09.21	10.21	11.21	12.21	13.21	14.21	15.21	16.21	17.21	18.21	19.21	...	08.21	11.21	14.21	16.51
Peniel, gyferbyn/opposite Capel Peniel	06.15	06.35	07.25	08.25	09.25	10.25	11.25	12.25	13.25	14.25	15.25	16.25	17.25	18.25	19.25	...	08.25	11.25	14.25	16.55
Rhydargaeau, Blue Bell	06.17	06.37	07.27	08.27	09.27	10.27	11.27	12.27	13.27	14.27	15.27	16.27	17.27	18.27	19.27	...	08.27	11.27	14.27	16.57
Alltwalis, Masons Arms	06.23	06.43	07.33	08.33	09.33	10.33	11.33	12.33	13.33	14.33	15.33	16.33	17.33	18.33	19.33	...	08.33	11.33	14.33	17.03
Pencader, Sgwâr/Square (cyrraedd/arrive)	…	…	07.39	08.39	09.39	10.39	11.39	12.39	13.39	14.39	15.39	16.39	17.39	18.39	19.39	...	08.39	11.39	14.39	17.09
Pencader, Sgwâr/Square (gadael/depart)	…	…	07.41	08.41	09.41	10.41	11.41	12.41	13.41	14.41	15.41	16.41	17.41	18.41	19.41	...	08.41	11.41	14.41	17.11
New Inn, gyferbyn lloches/opposite shelter	06.29	06.49	07.46	08.46	09.46	10.46	11.46	12.46	13.46	14.46	15.46	16.46	17.46	18.46	19.46	...	08.46	11.46	14.46	17.16
Llanllwni, Pantllyn	06.33	06.53	07.50	08.50	09.50	10.50	11.50	12.50	13.50	14.50	15.50	16.50	17.50	18.50	19.50	...	08.50	11.50	14.50	17.20
Llanybydder, Rhiw San Pedr	06.41	…	07.58	…	09.58	…	11.58	…	13.58	…	15.58	…	17.58	…	19.58	...	…	11.58	…	17.28
Llanybydder, cofeb/memorial	…	07.01	…	08.58	…	10.58	…	12.58	…	14.58	…	16.58	…	18.58	…	...	08.58	…	14.58	…
Llanwnnen, gyferbyn/opposite Bro Granell	06.47	…	08.04	…	10.04	…	12.04	…	14.04	…	16.04	…	18.04	…	20.04	...	…	12.04	…	17.34
Pencarreg, Heol y Maes	…	07.03	…	09.00	…	11.00	…	13.00	…	15.00	…	17.00	…	19.00	…	...	09.00	…	15.00	…
Llanbedr Pont Steffan/Lampeter, Nat West (cyrraedd/arrive)	06.53	07.13	08.10	09.10	10.10	11.10	12.10	13.10	14.10	15.10	16.10	17.10	18.10	19.10	20.10	...	09.10	12.10	15.10	17.40
Llanbedr Pont Steffan/Lampeter, Nat West (gadael/depart)	...	07.15	08.15	09.15	10.15	11.15	12.15	13.15	14.15	15.15	16.15	17.15	18.15	19.15	20.15	22.50**B**	09.12	12.12	15.12	17.42
Felin-fach, Ysgol Gynradd/Primary School	...	07.27	08.27	09.27	10.27	11.27	12.27	13.27	14.27	15.27	16.27	17.27	18.27	19.27	20.27	23.09**A**	09.24	12.24	15.24	17.54
Ciliau Aeron, Swyddfa'r Bost/Post Office	...	07.33	08.33	09.33	10.33	11.33	12.33	13.33	14.33	15.33	16.33	17.33	18.33	19.33	20.33	23.15	09.30	12.30	15.30	18.00
Aberaeron, Sgwâr Alban/Alban Square (cyrraedd/arrive)	...	07.42	08.42	09.42	10.42	11.42	12.42	13.42	14.42	15.42	16.42	17.42	18.42	19.42	20.42	23.24	09.39	12.39	15.39	18.09
Aberaeron, Sgwâr Alban/Alban Square (gadael/depart)	...	07.47	08.47	09.47	10.47	11.47	12.47	13.47	14.47	15.47	16.47	17.47	18.47	19.54R	20.47	23.24	09.41	12.41	15.41	18.11
Llanon, Central Hotel	...	07.57	08.57	09.57	10.57	11.57	12.57	13.57	14.57	15.57	16.57	17.57	18.57	20.04R	20.57	23.34	09.51	12.51	15.51	18.21
Llanrhystud, Y Llew Du/Black Lion	...	08.02	09.02	10.02	11.02	12.02	13.02	14.02	15.02	16.02	17.02	18.02	19.02	20.09R	21.02	23.39	09.53	12.56	15.56	18.26
Blaenplwyf, Capel/Chapel	...	08.09	09.09	10.09	11.09	12.09	13.09	14.09	15.09	16.09	17.09	18.09	19.09	20.16R	21.09	23.46	10.03	13.03	16.03	18.33
Llanfarian, Pentre-bont	...	08.13	09.13	10.13	11.13	12.13	13.13	14.13	15.13	16.13	17.13	18.13	19.13	20.21R	21.13	23.50	10.07	13.07	16.07	18.37
Aberystwyth, Morrisons	...	08.18	09.18	10.18	11.18	12.18	13.18	14.18	15.18	16.18	17.18	18.18	19.18	20.27R	21.18	…	10.12	13.12	16.12	18.42
Aberystwyth, Gorsaf Fysiau/Bus Station	...	08.24	09.24	10.24	11.24	12.24	13.24	14.24	15.24	16.24	17.24	18.24	19.24	20.33R	21.24	23.57	10.18	13.18	16.18	18.48

Codau - Codes:

A: Yn rhedeg drwy Llanwnnen am 22.56 a Cribyn am 23.03 • Runs via Llanwnnen at 22.56 and Cribyn at 23.03

B: Mae'r daith hon yn aros ger y Llew Du yn Llanbed, gyferbyn y Banc • This journey stops at the Black Lion in Lampeter, opposite the Bank.

C: Cysylltiad o Aberystwyth (yn aros hyd at 15 munud os bydd angen) • Connection from Aberystwyth (waits for up to 15 minutes if necessary)

R: Defnyddiwch gwasanaeth Brodyr Richards X50 • Use Richards Brothers service X50

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